

Store Emergency Supplies

After a major earthquake, electricity, water, and gas may be out of service. Emergency aid may not reach you for several days. Make sure you store the following items in your home. Also keep emergency supplies at your office and in your car.

- ☐ **Flashlights with extra batteries.** Keep flashlights beside your bed and in several other locations. Do NOT use matches or candles after an earthquake until you are certain no gas leaks exist.
- ☐ **Portable radio with extra batteries.** Most telephones will be out of order or limited to emergency use. The radio will be your best source of information.
- ☐ **First aid kit; first aid skills.** Keep your first aid kit well-stocked and in a central location. Take basic first aid and CPR courses. Keep skills current.
- ☐ **Fire extinguisher.** Your fire extinguisher should be suitable for all types of fires and should be easily accessible. Teach all family members how to use it.
- ☐ **Food.** Store a one-week supply of food for each person. Items such as canned or dehydrated food, powdered milk and canned juices can be rotated into your daily diet and replenished on a regular basis.
- ☐ **Water.** Store enough water for each person to have one gallon per day. Store in airtight containers and replace it every six months. Keep a disinfectant such as iodine tablets or chlorine bleach to purify water if necessary.
- ☐ **Blankets, clothing, and shoes.** Extra blankets and clothing may be required to keep warm. Have sturdy shoes to protect feet from broken glass and other debris.
- ☐ **Alternate cooking source.** Store barbecue, charcoal, starter, and matches in case utilities are out of service.
- ☐ **Special items.** Have at least a week's supply of medications and foods for infants and those on special diets.
- ☐ **Tools.** Have crescent or pipe wrench to turn off gas and water if necessary.

For more information, contact your local Office of Emergency Services or the American Red Cross.

**The Governor's Office of
Emergency Services**
2800 Meadowview Road
Sacramento, CA 95832
(916) 262-1843

OES Earthquake Programs

Northern California:

101 - 8th Street, Suite 152
Oakland, CA 94607
(510) 540-2713

Southern California:

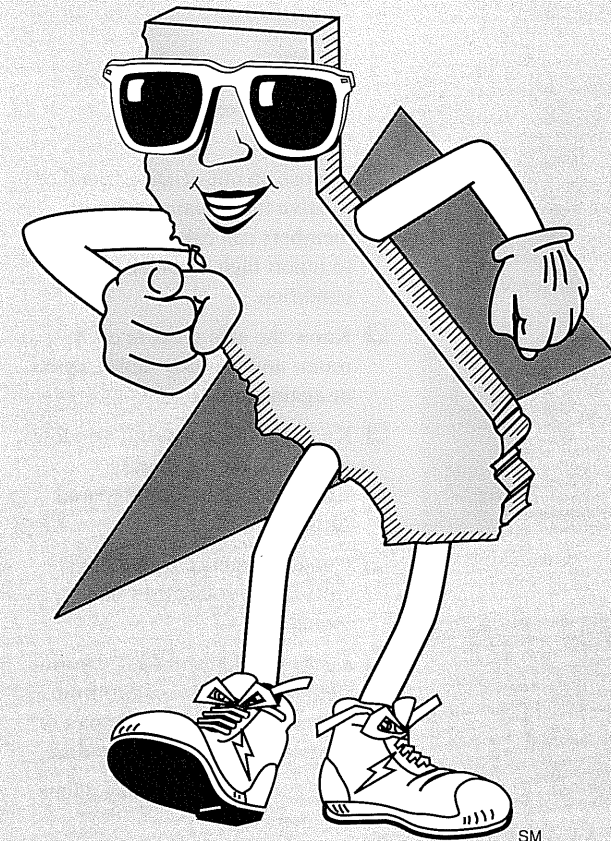
1110 East Green Street, Suite 300
Pasadena, CA 91106
(818) 304-8383

117 W. Micheltorena Street, Suite D
Santa Barbara, CA 93101
(805) 568-1207

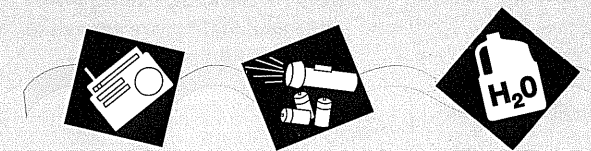
1350 Front Street, Suite 4015
San Diego, CA 92101
(619) 525-4287



State of California
Pete Wilson, Governor

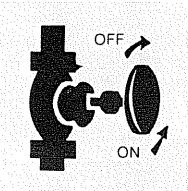


California Earthquake Preparedness
Beat The Quake!

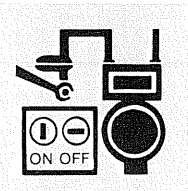


Before the Quake

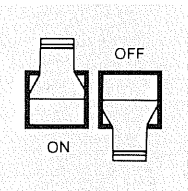
Develop a family earthquake plan. Prepare yourself, your family, and your home by completing the activities on this checklist.



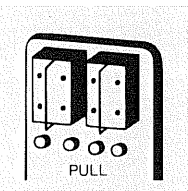
Water Valve



Gas Valve

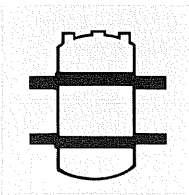


Circuit Breaker



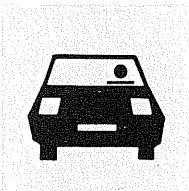
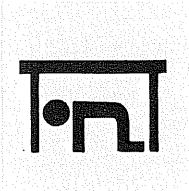
Pull-Out Cartridge Fuse

- ❑ Decide how and where your family will reunite if separated.
- ❑ Choose an out-of-state friend or relative that separated family members can call after the quake to report their whereabouts and condition.
- ❑ Know the safe spots in each room: under sturdy tables, desks, or against inside walls.
- ❑ Know the danger spots: windows, mirrors, hanging objects, fireplaces, and tall, unsecured furniture.
- ❑ Conduct practice drills. Physically place yourself in safe locations.
- ❑ Learn first aid and CPR (cardio-pulmonary resuscitation) from your local Red Cross chapter or other community organization.
- ❑ Keep a list of emergency phone numbers.
- ❑ Learn how to shut off gas, water, and electricity in case the lines are damaged. (Safety note: Do not attempt to relight gas pilot. Call the utility company.)
- ❑ Check chimneys, roofs, walls, foundations for stability. Make sure your house is bolted to its foundation.
- ❑ Secure water heater and appliances that could move enough to rupture utility lines.



- ❑ Put latches on cabinet doors to keep them closed during shaking.
- ❑ Keep flammable or hazardous liquids such as paints, pest sprays, or cleaning products in cabinets or secured on lower shelves.
- ❑ Maintain emergency food, water, and other supplies, including a flashlight, a portable battery-operated radio, extra batteries, medicines, first aid kit, and clothing.

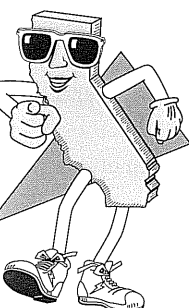
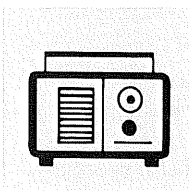
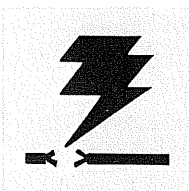
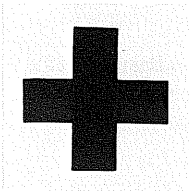
During the Quake



- ❑ Keep breakables and heavy objects on bottom shelves.
 - ❑ Secure heavy, tall furniture that can topple, such as bookcases, china cabinets, or wall units.
 - ❑ Secure hanging plants and heavy picture frames or mirrors (especially over beds).
- ❖ If **indoors**, stay there. Get under a desk or table or stand in a corner.
 - ❖ If **outdoors**, get into an open area away from trees, buildings, walls, and power lines.
 - ❖ If in a **high-rise building**, stay away from windows and outside walls. Get under a table. Do not use elevators.
 - ❖ If **driving**, pull over to the side of the road and stop. Avoid overpasses and power lines. Stay inside until shaking is over.
 - ❖ If in a **crowded public place**, do not rush for the doors. Move away from display shelves containing objects that could fall.

After the quake

Check for injuries. Apply first aid. Do not move seriously injured individuals unless they are in immediate danger. Do not use the telephone immediately unless there is a serious injury or fire.



- ❑ Hunt for hazards.
- ❑ Check for gas and water leaks, broken electrical wiring or sewage lines. If there is damage, turn utility off at the source.
- ❑ Check building for cracks and damage, including roof, chimneys, and foundation.
- ❑ Check food and water supplies. Emergency water may be obtained from water heaters, melted ice cubes, toilet tanks, and canned vegetables.
- ❑ Turn on your portable radio for instructions and news reports. Cooperate fully with public safety officials.
- ❑ Do not use your vehicle unless there is an emergency. Keep the streets clear for emergency vehicles.
- ❑ Be prepared for aftershocks.
- ❑ Stay calm and lend a hand to others.
- ❑ If you evacuate, post a message inside your home telling family members where you can be found.